



PSHE  
Jigsaw  
Nursery



## Autumn 1

### Being Me in My World

Weekly Celebration	Pieces	Learning Intentions	Resources
<b>Help other to feel welcome</b>	1. Who... Me?!	I understand how it feels to belong and that we are similar and different	Jigsaw Song sheet: 'Together As One' Decorated box and an assortment of toys (from inside and outside learning environments) Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Try to make our Nursery/Pre-school community a better place</b>	2. How am I feeling today?	I understand how feeling happy and sad can be expressed	Jigsaw Song sheet: 'Together As One' Mirrors Emotion cards Emotion photos Hoops Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Think about everyone's right to learn</b>	3. Being at Nursery/Pre-school	I can work together and consider other people's feelings	Assortment of toys Paper General mess Aprons Clipboards Timers Bell Police hats Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Care about other people's feelings</b>	4. Gentle hands	I can use gentle hands and understand that it is good to be kind to people	Book: 'Hands are not for hitting', by Martine Agassi, or similar themed book Jigsaw Jenie Jigsaw Song sheet: 'Choices' Jigsaw Jerrie Cat Jigsaw Chime
<b>Work well with others</b>	5. Our Rights (Nursery/Pre-school Charter)	I am starting to understand children's rights and this means we should all be allowed to learn and play	Rights picture pack Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Choose to follow the Learning Charter</b>	6. Our responsibilities	I am learning what being responsible means	Rights picture pack Teddy bears Book: 'Dogger', by Shirley Hughes Cubes Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime

## Autumn 2 Celebrating Difference

Weekly Celebration	Pieces	Learning Intentions	Resources
<b>Accept that everyone is different</b>	1. What am I good at?	I know how it feels to be proud of something I am good at.	Jigsaw Song sheet: 'There's a Place' Jigsaw Jenie Everyday equipment available for selection
<b>Include others when working and playing</b>	2. I'm Special, I'm Me!	I can tell you one way I am special and unique.	Book: 'Naked Trevor' by Rebecca Elliot (being comfortable with who you are) Book: 'Barry the Fish with Fingers' by Sue Henra (being different is a good thing) Book: 'It's OK To Be Different', by Todd Parr Jigsaw Jenie Large selection of catalogues, magazines, leaflets for cutting up Plain paper Scissors Glue Pencils Jigsaw Jenie
<b>Know how to help if someone is being bullied</b>	3. Families	I know that all families are different.	Jigsaw Song sheet: 'There's a Place' Large selection of pictures ranging from adults, children, families from around the world (Teachers to find more) Book: 'It's OK to be different', by Todd Parr (looking at how we are different) Book: 'The family book', by Todd Parr (looking at different sorts of families) Jigsaw Jenie
<b>Try to solve problems</b>	4. Houses and Homes	I know there are lots of different houses and homes.	Teddies Construction materials - wooden bricks, Lego, etc. Photos of different houses from around the world (Teachers to find more) Jigsaw Jenie
<b>Try to use kind words</b>	5. Making Friends	I can tell you how I could make new friends.	Jigsaw Song sheet: 'There's a Place' Book: 'Forget Me Not, Beautiful Buttercup', by Michael Broad (making your own friends) Book: 'The Dog and the Dolphin', by James Dworkin Jigsaw Jenie
<b>Know how to give and receive compliments</b>	6. Standing Up for Yourself	I can use my words to stand up for myself.	Puppets or teddies Jigsaw Jenie

## Spring 1 Dreams and Goals

Weekly Celebration	Pieces	Learning Intentions	Resources
<b>Stay motivated when doing something challenging</b>	1. Challenge	I understand what a challenge means	Jigsaw Song sheet: 'For Me' Resources for challenge in 'Interest Me' Book: 'Love Monster' by Rachel Bright Book: 'Don't worry, Hugless Douglas' by David Melling Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Keep trying even when it is difficult</b>	2. Never Giving Up	I can keep trying until I can do something	Jigsaw Song sheet: 'For Me' Book: 'The Hare and The Tortoise', Aesop's Fables (available on-line) Book: 'The Jungle Run' by Tony Mitton Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Work well with a partner or in a group</b>	3. Setting a goal	I can set a goal and work towards it	Jigsaw Song sheet: 'For Me' Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime Wooden bricks
<b>Have a positive attitude</b>	4. Obstacles and Support	I know some kind words to encourage people with	2 teddies/puppets Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Help others to achieve their goals</b>	5. Flight to the Future	I can start to think about the jobs I might like to do when I'm older	Large variety of picture and word cards of different jobs done by adults (Teachers to make) Box or bag to hold picture cards Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Are working hard to achieve their own dreams and goals</b>	6. Footprint Awards	I can feel proud when I achieve a goal	Well done certificate A special box/bag Children's goals from Piece 3 Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime

## Spring 2 Healthy Me

Weekly Celebration	Pieces	Learning Intentions	Resources
<b>Have made a healthy choice</b>	1. Everybody's Body	I know the names for some parts of my body and am starting to understand that I need to be active to be healthy	Music Assortment of pictures of active play/sports (Teachers to find more) Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Have eaten a healthy, balanced diet</b>	2. We like to move it, move it!	I can tell you some of the things I need to do to be healthy	Superman song/'I am the music man' or 'I like to move it' (from the film 'Madagascar') Small apparatus e.g. balls, ropes, beanbags, cones, timers Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Have been physically active</b>	3. Food Glorious Food	I know what the word 'healthy' means and that some foods are healthier than others	Jigsaw Song sheet: 'Make a Good Decision' An assortment of healthy food and not so healthy food (preferably real) to make a sandwich 2 lunchboxes Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Have tried to keep themselves and others safe</b>	4. Sweet Dreams	I know how to help myself go to sleep and that sleep is good for me	In The Night Garden clip (can be found online) Pyjamas Lullaby CD Teddy bear Hot water bottle Dressing gown Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Know how to be a good friend and enjoy healthy friendships</b>	5. Keeping Clean	I can wash my hands and know it is important to do this before I eat and after I go to the toilet	Cleaning equipment: jug of water, bowl, soap, flannel, towel Fruit/vegetables Dirt Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Know how to keep calm and deal with difficult situations</b>	6. Stranger Danger	I know what to do if I get lost and how to say NO to strangers	CBeebies: Red Riding Hood clip Book: 'Never Talk to Strangers' by Irma Joyce or similar If possible, ask your local PCSO to come by and chat to the children about Stranger Danger Book: 'Not Everyone is Nice', by Anne Tedesco Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime

## Summer 1 Relationships

Weekly Celebration	Pieces	Learning Intentions	Resources
<b>Know how to make friends</b>	1. My Family and Me!	I can tell you about my family	Keyworker to bring in a photo of their own family Family puzzle, either wooden one or printed one that has been laminated and cut up Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Try to solve friendship problems when they occur</b>	2. Make friends, make friends, never ever break friends Part 1	I understand how to make friends if I feel lonely	Jigsaw Song sheet: 'RELATIONSHIP' Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Help others to feel part of a group</b>	3. Make friends, make friends, never ever break friends Part 2	I can tell you some of the things I like about my friends	Jigsaw Song sheet: 'RELATIONSHIP' Book: 'Mabel and Me, Best of Friends' by Mark Sperring and Sarah Warburton Book: 'George and Martha', by James Marshall Food to share (apple/biscuits/toast) Playdoh Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Show respect in how they treat others</b>	4. Falling Out and Bullying Part 1	I know what to say and do if somebody is mean to me	Squirty cream/shaving foam/plate Tray Jigsaw Song sheet: 'RELATIONSHIP' Teddies Jenga Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Know how to help themselves and others when they feel upset and hurt</b>	5. Falling Out and Bullying Part 2	I can use Calm Me time to manage my feelings	Angry photos Mirror Calming music Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Know and show what makes a good relationship</b>	6. Being the best friends we can be	I can work together and enjoy being with my friends	Assortment of fairytale characters (books or puppets) Song - 'You've Got A Friend In Me' by Randy Newman (Toy Story song) Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime

## Summer 2 Changing Me

Weekly Celebration	Pieces	Learning Intentions	Resources
<b>Understand that everyone is unique and special</b>	1. My Body	I can name parts of my body and show respect for myself	Bag/box Book: 'Look Inside Your Body', by Louie Stowell Labels naming all the different body parts Pictures of all the different body parts that will go together to form a whole body Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Can express how they feel when change happens</b>	2. Respecting My Body	I can tell you some things I can do and some food I can eat to be healthy	Jigsaw Song sheet: 'Make a Good Decision' Selection of pictures that show healthy/not so healthy activities/food Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Understand and respect the changes that they see in themselves</b>	3. Growing Up	I understand that we all start as babies and grow into children and then adults	Jigsaw Song sheet: 'A New Day' Book: 'I wonder why kangaroos have pouches' by Jenny Wood Book: 'The Very Hungry Caterpillar' by Eric Carle Pictures ranging from a baby to a toddler, showing different stages of development, e.g. drinking milk, teething, crawling, toileting Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Understand and respect the changes that they see in other people</b>	4. Growth and Change	I know that I grow and change	Jigsaw Song sheet: 'A New Day' Book: 'Huge Bag of Worries', by Virginia Ironside Seeds Pots Compost Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Know who to ask for help if they are worried about change</b>	5. Fun and Fears	I can talk about how I feel moving to School from Nursery	Music Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Are looking forward to change</b>	6. Celebration	I can remember some fun things about Nursery this year	Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime